

# APPLICANT INFORMATION AUSTRALIAN RURAL LEADERSHIP PROGRAM

What impact will you make?

"The ARLP experience has given me the opportunity to further develop and grow my leadership practices. I have developed a deeper awareness of my actions, along with those around me and the ever-changing environment that we find ourselves adapting to. My growth has helped me to step up, take action and advocate for my community."

Jeff Schuller

ARLP Course 27 supported by Australian Lot Feeders' Association



## About the ARLF

The Australian Rural Leadership Foundation (ARLF) has been creating crucial leadership impact in rural, regional and remote Australia for over three decades.

In all these years, our vision has remained constant - to support a thriving rural, regional and remote Australia. Over the past thirty years, we've grown with our leaders and partners, providing the best modern leadership education through both experience and theoretical learning.

Ours is the only leadership organisation that spans the nation whilst retaining a sharp focus on conditions that create a thriving rural, regional and remote Australia. Over 2,500 leaders have been through our programs, and we develop leaders who take action with clear vision.

We facilitate leadership shifts that grow the capacity of our leaders. The contribution these leaders make within their areas of influence positively impacts industries, organisations and communities across the country.

As a not-for-profit organisation, the ARLF has built a reputation for leadership development that is second to none. We recognise the structure of our rural communities is becoming increasingly complex and match our learning to address these complexities. Our programs offer participants a series of challenging, hands-on learning experiences and the opportunity for reflection. We offer four National Programs and a suite of Place-Based Resilience Programs.



Always, we pay our respects to the traditional custodians of the land on which we live, work and learn.





"ARLP gave me a really clear direction around the type of leader I needed to be – not wanted to be – and how to support others, especially the younger generation."

#### Torres Webb

ARLP Course 18 supported by Torres Strait Regional Authority

The ARLP engages and develops leadership through a series of unique, immersive experiences (delivered in real-world contexts) to develop the adaptive skills to confidently overcome future challenges and act for the 'greater good'.

We encourage applications from individuals committed to and ready to respond to the challenges and opportunities in regional, remote and rural Australia.

The ARLP integrates the following components:



#### LEADERSHIP CURRICULUM

Each program features a unique curriculum, based on the development of six practices designed to guide the learning and development of capabilities to enact leadership.



The goal of each program is to enable participants to see they can impact change. A group initiative and personal leadership plans provide participants with real-life application of their learning on program.

#### **DIVERSITY IN PARTICIPANTS**

By bringing together individuals from different backgrounds, participants engage and contribute to a large and diverse network.

#### **ACCESS TO RESOURCES**

As participants travel to various session locations, they gain access to exceptional leaders and resources including, ARLF patrons, alumni, and government and business network throughout Australia. These networks form an important part of session delivery and understanding of leadership in current contexts.

#### **MENTORING**

The ARLF values the inclusion of mentoring as a learning and development practice for leadership. Mentoring engagement will be offered to participants.

## ARLP Scholarship Benefits

The benefits of investing your time in the ARLP include:

- > Significant opportunity for personal leadership development to develop your ability to lead, influence, and advocate in an authentic and ethical way for the greater good.
- > Provides valuable opportunities to nurture, challenge and build upon your leadership skills with people from diverse communities and industries.
- > Develop as a stronger leader by challenging your own behaviours, thinking and actions, and those of others.
- > Develop relationships to form a network of supportive leaders both personally and professionally.

#### **Graduated Fellows located across Australia**

An ARLP Scholarship provides invaluable opportunities for graduates to connect and work with a professional network of Fellows located across Australia. Regular networking opportunities allow Fellows to connect and engage in ongoing leadership conversations.

There are approximately 30 scholarships on offer, each valued at over \$60,000 with successful applicants carefully matched with sponsors that align with their industry, sector or purpose.



'We can have decision makers that are connected to the grassroots and working hard for the community, not just themselves."

#### Fiona Gaske

Course 25 supported Tim Fairfax Family Foundation



## Applying for a Scholarship

Participants are required to attend all four ARLP sessions. In addition to these sessions, each participant will need to allocate additional time in between online sessions and project work. Many participants are engaged in full-time work, have caring responsibilities and hold important roles in their industries and communities at the same time as fulfilling their obligations as a program participant. In applying for ARLP you are making a committment to your sponsor, the ARLF and your future cohort in committing the time required to complete all components of the leadership program.

Whilst all positions are scholarship funded, participants are also required to pay an ARLF Fellowship network fee of \$5,500 (invoiced in 5 installments over 18 months).

ARLP selection is highly competitive and if you are successful in being selected for a scholarship and given the opportunity to join the lifelong ARLF Fellowship, attendance for all program components is essential.

#### What you need to do to apply

Have conversations with your family and employer to gain support for your application for the ARLP. They need to understand and be supportive of the time required to invest in all the program components. Once you have this support, you can complete the online application form which will ask you to provide information including:

- Relevant personal information and contact details
- Details of your current employment and education status
- Examples of your leadership responsibilities and other achievements
- Details of other leadership development programs you have undertaken
- Why you wish to undertake the ARLP and the impact you wish to have on rural, regional and remote Australia as a result.
- Uploading of a video (no longer than 2 minutes) to support your application (optional).
- Referee information

## Scholarship Participant **Selection**

In every single intake, ARLP attracts extraordinary leaders from across rural, regional and remote Australia. ARLP sponsors are guaranteed excellent candidates for their contributions.

With a limited number of scholarships available each year, these places are highly competitive.

The ARLF manages an open recruitment process that is competitive and rigorous.

Applicants are required to submit an application form and complete a formal interview by a panel which may include ARLF staff and alumni. The unique feature of having our ARLP alumni interview applicants add a nuanced and experienced level of insight and questioning of the applicants.

At the completion of interviews, the ARLF matches highly ranked applicants with available scholarships.

The selection process is moderated further by:

- > participant diversity
- > partner requirements, and
- > scholarship availability.



"leaders" will not have what it takes to succeed."

Elizabeth Stott

ARLP Course 20 supported by Cotton Research and Development Corporation and Cotton Australia



## **ARLP Alumni**

#### Shaping rural Australia for the benefit of all Australians

As an ARLP graduate, a key benefit is the access and connection to the extensive and engaged ARLP alumni. Our graduates form a valuable and broad resource of expertise with an enormous capacity to lead, inspire and create change.

From their experience with ARLP, our graduates are adept at mobilising networks and their communities of influence to address issues and seize opportunities.

#### Our graduates:

- > Collaborate with other alumni and funding partners to raise the profile and issues of rural, regional and remote Australia to a national platform.
- > Advocate for policies and changes in their communities and industries.
- > Challenge their communities to imbed First Nations engagement.
- > Lead environmental changes and practices in their sectors.
- > Further their start-ups to seize opportunities within rural, regional and remote Australia to grow opportunities and progress regions.
- > Understand the need to be socially and politically active in their communities, this has included developing independent political movements within their communities.
- > Comfortably participate in the promotion of rural, regional and remote issues through media, active campaigning and advocacy.



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The program initiates structured pathways for leadership development. The ARLP is delivered over 15 months across multiple sessions including, four face-to-face sessions across the country and internationally.

#### Learning intentions

- > Understand self and others, including behaviour, values, motivations, and cognitive biases to develop a personal leadership plan.
- > Respond to changing contexts and mobilising others to act in rural, regional and remote Australia.
- > Experience and understand leadership in an international context, including cultural differences, global perspectives, and cross-cultural communication.
- > Engage in activities that present complexity, disruption, and ambiguity, and encourage risk-taking, creativity, courage, and celebrating mistakes.
- > Develop communication and deep listening skills to fully appreciate and understand the diversity of multiple perspectives.
- > Experience conflict and productively work toward resolutions for economic, social, cultural and/or environmental benefit.
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- > Engage with and become part of a broad network of authentic and ethical leaders working for the greater good of Australia's regions, as well as globally.

In addition to this formal course outline, our participants have access to a diverse, national alumni network of over 2,500 rural, regional and remote leaders.

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## **Program Journey**

**SESSION 1: Discovery and Awareness** 

June 2024 // 12 days, Regional NSW





ONLINE WORKSHOP: Peer to Peer Coaching -

August 2024 // 90 minutes



**ONLINE WORKSHOP: Communication in Diversity** 

September 2024 // 90 minutes



**SESSION 2: Connection and Mobilisation** 

October 2024 // 10 days, New Zealand





ONLINE WEBINAR: International Leadership

December 2024 // 90 minutes

ONLINE WORKSHOP:
Introduction to Creative Thinking
March 2025 // 2 hours



ONLINE WORKSHOP: Masterclasses (Electives) June 2025 // 2 days



SESSION 3: Networks and Affiliation -

April 2025 // 6 days, Regional Victoria

SESSION 4: Influence and Impact and Graduation

August 2025 // 10 days, Central Australia



\* dates and locations may be subject to change

## Session Overview

#### **SESSION 1: Discovery and Awareness**

June 2024 // 12 days, Regional NSW

Taking place mainly in an isolated location, participants will be challenged both individually and as a group, given time for reflection and connection to Country and Traditional Custodians.

Participants will:

- > Undertake psychometric testing to better understand themselves and others to improve how they lead and influence.
- > Engage in challenging activities, then reflect and analyse their behaviours and reactions with the group to develop as a leader.
- > Explore the impact that participants choose to have in rural, regional or remote Australia.

#### **SESSION 2: Connection and Mobilisation**

October 2024 // 10 days, New Zealand

Immersive exploration of treaty for First Nations Peoples in country, how this has been shaped and continues to be shaped. And exploring critical leadership responses to changing climate and disasters.

Participants will:

- > Engage with local organisations, businesses and communities in site visits, panel discussions and facilitated reflections.
- > Be exposed and introduce participants to another country where world views around leadership can be challenged.
- > Increase knowledge, insights, and awareness of shared rural and regional topics/issues, including economic, social, cultural and environmental.
- > Investigate through a rural lens the complexity of multiple user groups of resources and the opportunity to navigate solutions for the long term.



#### **SESSION 3: Networks and Affiliation**

#### April 2025 // 6 days, Regional Victoria

Participants will also be exposed to local leadership activities in the community and relevant businesses and industries to highlight networking and relationship building and how challenges have been met with solutions.

#### Participants will:

- > Take a deep dive into creative thinking, which will further develop the skills and expertise required for each individual project initiative activity.
- > Immerse themselves in their elective choice made prior to the session.

The elective choice allows for participants to select an area of leadership they wish to develop in more depth. Elective choices may include negotiation, mediation, governance, facilitation, communication and media, advocacy, design thinking and systems thinking.

#### **SESSION 4: Influence and Impact and Graduation**

#### August 2025 // 10 days, Central Australia

Participants will spend time in the Alice Springs area doing a deep dive into a case study with a local issue and how this relates to leadership.

Participants will apply their understanding of what has been emerging for them as individuals and collectively over the course of the program to engage in a living and complex leadership opportunity on country. Making commitments to leadership action, collaboration and impact for the future

This session will be completed at a graduation to be celebrated with family, friends, funding partners, ARLF team and other guests.







### Online Sessions

In between face-to-face sessions, participants will engage online in peer to peer coaching, session preparation, debriefing, masterclasses and international engagement.

These additions are designed to deepen and extend the impact of what the participants learn and experience in the face-to-face sessions.

#### **ONLINE WORKSHOP:** Peer to Peer Coaching

#### August 2024 // 90 mins

When applying for ARLP each participant is asked to outline a vision or aspiration to respond to a complex issue/opportunity in regional Australia.

Participants will be coached by peers and facilitators to identify values, interests, skills and passions and map where these are aligned with others and their initiatives

Participants will identify for their project the support required, the leadership attributes and skills needed, the course of action, project objectives, intended social impact and how they will measure this.

#### **ONLINE WORKSHOP: Communication in Diversity**

#### September 2024 // 90 mins

This will be an opportunity to share some of the themes explored in the overseas session and what preparation around logistics and reading material should happen.

#### **ONLINE WEBINAR: International** Leadership

#### December 2024 // 90 mins

Opportunity for an international online call for participants in leadership programs in other countries. This is a time for each cohort to present innovations, concepts and ideas based on the participants' discoveries from attending the respective program/s.

#### **ONLINE WORKSHOP:** Introduction to Creative Thinking

#### March 2025 // 2 hours

Participants will be introduced to a design led, creative problem-solving framework that can be applied to all situations. This will develop the skills to look at things differently and shift default responses when hearing new ideas.

#### **ONLINE WORKSHOP:** Masterclasses (Electives)

#### June 2025 // 2 days

Participants will have an opportunity to join as many masterclasses over these two days as they choose. Topics may include - ethics, advocacy, gender and disaster to continue to support individual project development.





## **ARLP Partners**





























































